## DECODING THE ROLE OF EYE DOMINANCE IN SHADE MATCHING AND COLOR PERCEPTION AMONG DENTISTS

Esthetics in dentistry has come a long way with numerous procedures. When fabricating a restoration, patient satisfaction with the shade match is essential. To provide an esthetic restoration to the patient, the dentist must have a full understanding of the science of color and color perception. Matching the correct shade satisfies both the dentist and patient and gives a pleasing appearance to the patient.

AIM:

To evaluate eye dominance and shade matching accuracy on undergraduate and postgraduate students.



## **METHODOLOGY**

Total 150 participants were selected for the study. There were 3 groups: Group I: 3rd year dental students (n = 50); Group II: 4th year dental students (n = 50); Group III: Interns and Post graduates (n = 50) and these three groups were evaluated.

# RESULTS

Shade match accuracy test (% overall)	GROUP I	GROUP II	GROUP III
WITH DOMINANT EYE(89%)	42 (84%)	45(90%)	47(94%)
WITH NON- DOMINANT EYE(84%)	39(78%)	43(86%)	44(88%)

- Eye Dominance testing -Mile's test
- Shade matching accuracy test- VITAPAN classic shade guide.



Mile's test

#### Mile's test

DOMINANT EYE (% overall)	GROUP I	GROUP II	GROUP III
RIGHT(52%)	22(44%)	27(54%)	30(60%)
LEFT(47%)	28(56%)	23(46%)	20(40%)



**VITAPAN** classic Shade guide

## CONCLUSION

Dominant eye performed better for color perception and shade matching. With increase in clinical experience, shade matching was observed to be better with the dominant eye.