



Title: A Retrospective Analysis of Coinfection Patterns and Prevalence Among Blood Donors at a Tertiary Care Centre in Southern India (2008–2023). Dr.M.Pushpaja¹,Dr.B.Shanthi²

1.DNB 2nd junior resident ,2. Professor and HOD

Department of Immunohaematology and blood transfusion, Nizam's Institute of Medical Sciences, Hyderabad.



INTRODUCTION

- ➤ Transfusion-transmissible infections (TTIs), including HIV, HBV, HCV, syphilis, and malaria, are significant concerns in blood transfusion practices.
- A key challenge is the occurrence of coinfections, particularly among HIV, HBV, and HCV, due to their overlapping routes of transmission.
- ➤ These co-infections can lead to more severe outcomes for both the donor and the recipient, compared to single infections
- ➤ This poses a heightened risk to transfusion recipients, potentially resulting in serious health complications.

AIMS AND OBJECTIVES

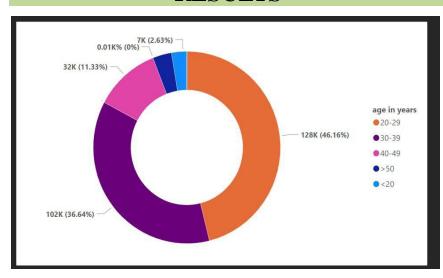
- 1.To assess the prevalence and patterns of mono-infections and co-infections among blood donors from 2008 to 2023.
- 2. To compare the effectiveness of different screening methods (4th generation ELISA vs. Chemiluminescence Immunoassay) in detecting TTIs among blood donors over time.

MATERIALS AND METHODS

A retrospective analysis of all blood donors during the study period from January 2008 to December 2023 was done.

- From 2008 to 2014, blood donors were screened using the Enzyme-Linked Immunosorbent Assay (ELISA) and from 2015 to 2023
- ➤ By using the Chemiluminescence Immunoassay (CLIA) method for anti-HIV I and II, HBsAg, and anti-HBC and for Malaria and syphilis by using ELISA. Donors were grouped as mono-infected and co-infected.

RESULTS



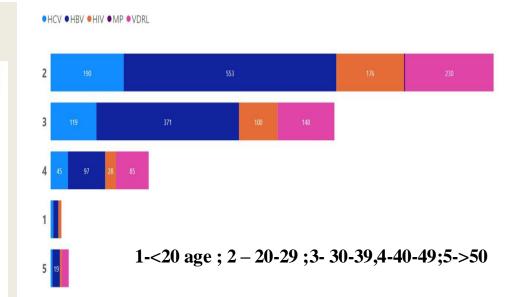
Coinfections	Number
HIV and Syphilis	28
HBV and HCV	21
HIV and HBV	17
HBV and Syphilis	15
HCV and Syphilis	4
HIV and HCV	4
Malaria and Syphilis	1
HIV,HBV and Syphilis	1

Table 1 Screened by A- ELISA from 2008-2014 B- CLIA From 2015- 2023

Category	Year	Total blood donations	HIV	%	HCV	%	HbsAg	%	MP	%	VDRL	%
A	2008	14875	43	0.29%	47	0.32%	183	1.23%	1	0.01%	34	0.23%
A	2009	18090	144	0.80%	60	0.33%	456	2.52%	1	0.01%	36	0.20%
A	2010	15066	12	0.08%	54	0.36%	180	1.19%	8	0.05%	90	0.60%
A	2011	17584	36	0.20%	526	2.99%	324	1.84%	6	0.03%	152	0.86%
A	2012	14400	30	0.21%	91	0.63%	191	1.33%	1	0.01%	34	0.24%
Α	2013	17137	32	0.19%	20	0.12%	206	1.20%	23	0.13%	45	0.26%
Α	2014	17487	60	0.34%	30	0.17%	215	1.23%	10	0.06%	61	0.35%
В	2015	15864	41	0.26%	19	0.12%	167	1.05%	10	0.06%	40	0.25%
В	2016	17673	38	0.22%	34	0.19%	166	0.94%	2	0.01%	53	0.30%
В	2017	16951	56	0.33%	48	0.28%	236	1.39%	1	0.01%	75	0.44%
В	2018	18778	72	0.38%	77	0.41%	206	1.10%	1	0.01%	51	0.27%
В	2019	18658	51	0.27%	75	0.40%	216	1.16%	0	0.00%	77	0.41%
В	2020	10565	27	0.26%	38	0.36%	102	0.97%	0	0.00%	45	0.43%
В	2021	15668	36	0.23%	83	0.53%	162	1.03%	0	0.00%	76	0.49%
В	2022	19497	59	0.30%	105	0.54%	174	0.89%	1	0.01%	84	0.43%
В	2023	23574	70	0.30%	129	0.55%	300	1.27%	0	0.00%	79	0.34%
Total		271867	807	0.30%	1436	0.53%	3484	1.28%	65	0.02%	1032	0.38%

Table 2:TTI% and Coinfections

Year ▲	Total blood donations	Tti	%	Coinfections	%
2008	14875	308	2.07%	9	0.06%
2009	18090	696	3.85%	4	0.02%
2010	15066	336	2.23%	17	0.11%
2011	17584	1044	5.94%	2	0.01%
2012	14400	347	2.41%	4	0.03%
2013	17137	326	1.90%	0	0.00%
2014	17487	376	2.15%	4	0.02%
2015	15864	277	1.75%	4	0.03%
2016	17673	293	1.66%	1	0.01%
2017	16951	416	2.45%	3	0.02%
2018	18778	407	2.17%	4	0.02%
2019	18658	396	2.12%	2	0.01%
2020	10565	197	1.86%	4	0.04%
2021	15668	289	1.84%	10	0.06%
2022	19497	425	2.18%	5	0.03%
2023	23574	578	2.45%	18	0.08%
Total	271867	6711	2.47%	91	0.03%



DISCUSSION

- ➤ HIV and Syphilis as the Most Common Coinfection- highlighting the significant overlap in transmission routes such as sexual contact. This emphasises the need for stringent screening and public health interventions targeting highrisk behaviours
- ➤ HBV and HCV Coinfection as a Major Concernviruses share transmission routes such as unsafe injection practices, contaminated medical instruments, and blood transfusions
- ➤ Triple Coinfections are rare and Their Clinical Implications

Conclusion: We conducted a first-time assessment of co-infection patterns among blood donors at our tertiary care centre. Since co-infections impact disease progression, future prospective studies are needed to rule out cross-reactivity and potential false-positive results.

References: 1. Dara RC, Tiwari AK, Arora D, Aggarwal G, Rawat GS, Sharma J, Acharya DP, Bhardwaj G. Co-infection of blood donors: A cross-sectional study from North India. Transfus Apher Sci. 2017 Jun;56(3):367-370. doi: 10.1016/j.transci.2017.02.004. Epub 2017 Mar 6. PMID: 28343937. 2. Kaur G, Basu S, Kaur R, Kaur P, Garg S. Patterns of infections among blood donors in a tertiary care centre: a retrospective study. Natl Med J India. 2010 May-Jun;23(3):147-9. PMID: 20949716.